

DAY 2

TUNE INTO YOUR CLARITY & INTUITION

Now that you cleared space (yay!), today's lesson and assignment is about **connecting to your intuition and receiving clarity** as you listen to that still small voice within, your "gut" and/or spiritual guidance.

We can deny, doubt or dismiss our intuition. Listening to it is not often encouraged in mainstream society. Therefore, we may ignore or disregard it, or get so distracted by day-to-day responsibilities and noise that it is drowned out. It is always there of course, but is on the quieter side. Perhaps we are not taking the time to tune in. That is what today is for! Using your intuitive guidance is by far the most valuable source you can possibly tap into to receive clarity about the direction you need to go in your business (and life).

This can also be quite scary because often our intuition is telling us something that requires we step outside of our fears, doubts and worries and be more courageous. More often than not, it means we need to have more Faith, trusting we will be taken care of by both the physical and non-physical (spiritual) support around us.

Take a moment to reflect back on your life. What happens when you don't listen to your intuition and what happens when you do? Remembering the wisdom of your intuition will give you the strength to not only listen more to it but to follow its guidance closely and make decisions from that place.

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Take a moment, what does your intuition say about the general direction you should go in your business or profession this year? When you really tune in, what does she say? The specifics aren't as important right now as the overall nudge you are feeling.

Hot tip!

Listening to our intuition on this level, requires quiet alone time with no cell phones or distractions. Spending time in nature to tune in, is incredibly powerful too. You will receive much more clarity when you connect with yourself *while* in nature.

Listen for that non-thinking part of you. Drop your attention below your head and into your body and FEEL into your deep inner knowing or sense of being guided. Your body has wisdom. It feels and knows a LOT.

To discern between your fear or ego, trying to over protect you, versus the Wise Intuitive you have within, ask yourself, "Do I feel fear or doubt **and** a sense of excitement and eagerness along with it?" If the answer is yes, most likely that is your Intuition/Wisdom speaking.

Feel free to explore the questions above here:

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With eyes closed and as you continue to tune inward to that quiet place inside, what business ideas are coming to you right now? Feel free to free flow ALL of them below, **without judgement or critique**. Just let it FLOW through you.

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From an intuitive, calm place, what do you MOST want to teach, sell, and do this year in your business? What do you want to be KNOWN for? What Legacy do you want to leave behind?

You can trust your intuition even and especially, when it "doesn't make sense", or you don't feel ready.

It's a funny thing, we often don't feel ready or good enough, for things that are *trying* to come into our lives.

Today, may you open to receive more (a LOT more!) of what is available to you right now, to make your life and business feel and be, AMAZING.

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Often our intuition is not giving us "practical" or "realistic" direction because it (our spiritual guidance combined with our own wisdom) knows what is actually POSSIBLE and can see much further than we are able to see at the moment.

You can trust that when your intuition is speaking, there is spiritual support available to help you carry it through. It just takes your step of Faith to be made possible. Your destiny awaits.

YOUR ACTION STEP FOR THE DAY

Share in the Private Facebook Group what came forward today! (As always, whatever you are comfortable sharing.)

Remember to also report in with what came from your journaling to get credit for your progress and be eligible for one of the prizes or to simply celebrate your insights with us!

When you open to your intuition *consistently*, when you take the time to listen - it will bring you ideas and guidance for your business and *those*, are always the best!

Your ideas and creative solutions are already inside you. You just need to trust what you are hearing and feeling.

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